

Menu for **LCMR& RMT Schools**

Menu Subject to Change

January, 2012

2011(01/03-01/27)

Every Meal Includes a choice of:
3 Fresh Fruits, Canned Fruits, or 100% Fruit Juices
Skim, 1% White Milk, Strawberry or Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday
02 Off Happy New Year 2012	03 Chicken Patty Mild or Spicy Cole Slaw Veggie of the Day Fruit	04 Cheeseburgers Chips Veggie of the Day Fruit	05 Hot Dogs Mashed Potatoes/Beans Veggie of the Day Fruit	06 Pizza Dippers/Mozz Sticks Salad Bread Basket Fruit
	Mozz. Sticks \$2.50	Asst. Wraps \$3.50	Nachos with Cheese \$2.25	Stuffed Shells \$3.25
09 Chicken Nuggets Buttered Noodles Bread Basket Veggie of the Day Fruit	10 Meatball Sub or Sausage with Peppers Macaroni Salad Veggie of the Day Fruit	11 Cheese Steaks Chicken or Beef Chips Veggie of the Day Fruit	12 Potato Bar Meat/ Broc./Cheese Veggie of the Day Bread Basket Fruit	13 Pizza Salad Bread Basket Fruit
Pizza \$3.50	Asst. Wraps \$3.50	Tacos on the Run \$3.50	Quesadillas \$3.50	Corn Dogs \$1.50
16 Off Martin Luther King Day	17 Chicken Tenders Mild or Spicy Chicken Flavored Rice Bread Basket Veggie of the Day Fruit	18 Grilled Cheese Tomato Soup Goldfish Crackers Fruit	19 Chicken Fajitas Soft Shells Lettuce/Tomatoes/Cheese Veggie of the Day Fruit	20 Pizza Dippers/Mozz. Sticks Salad Bread Basket Fruit
	Grilled Chicken Sandwich \$3.25	Asst. Wraps \$3.50	Pizza \$3.50	Nachos with Cheese \$2.25
23 Chicken Nuggets Mashed Potatoes Veggie of the Day Bread Basket Fruit	24 Cheeseburgers Fries Veggie of the Day Fruit	25 Caper Hoagies Chips Veggie of the Day Fruit	26 Tacos Cheese/Lettuce/Tomatoes Veggie of the Day Fruit	27 Pizza Salad Bread Basket Fruit
Mozz. Sticks \$2.50	Caesar Salad \$3.50	Chicken Salad on Croissant \$3.25	Turkey Clubs \$3.25	Pretzels \$1.50

CHICKEN CAESAR AND VEGETARIAN CAESAR SALADS AVAILABLE DAILY

LUNCH PRICES

Student \$2.50
Grab & Go \$2.50
Milk 1% \$.40
Choc. 1% \$.40

SOUP, SALAD, OR COLD AND HOT SANDWICH OPTIONS

3 Vegetables Available Daily
Bread Basket Available Daily

GRAB AND GO

INCLUDES:
½ Sandwich
Snack Cake & Fruit
Fruit Juice
4oz Yogurt & Milk

