

Menu for LCMR & RMT Schools

Menu Subject to Change

May 2013

2013(4/29-5/24)

Every Meal Includes a choice of

3 Fresh Fruits, Canned Fruits or 100% Fruit Juices

Skim, 1% White Milk, No Fat Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty on Bun 29 Cold Slaw Veggies of the Day Fruit	Cheese Steak 30 Macaroni Salad Veggies of the Day Fruit	Caper Tacos 01 Lettuce & Tomatoes Veggies of the Day Fruit	Ham & Cheese on 02 Pretzel Bun Chips Choice of Veggies & Fruit	Pizza 03 Salad Veggies of the Day Fruit
Mozz. Stix	Corn Dogs	Turkey Club	Nachos	Pretzels
Chicken Tenders 06 Buttered Noodles Veggies of the Day Fruit	Breakfast 07 For Lunch	Caper Hoagies 08 Chips Veggies of the Day Fruit	Meat Loaf 09 Mashed Potatoes Veggies of the Day Fruit	Pizza Dippers & Mozz Stix 10 Salad Veggies of the Day Fruit
Mozz. Stix	Tacos on the Run	Meatball Sub	Pizza	Stuffed Shells
Cheeseburgers 13 Fries Veggies of the Day Fruit	Chicken Nuggets 14 Macaroni & Cheese Veggies of the Day Fruit	Ribbie Sandwich 15 Twister Fries Veggies of the Day Fruit	Spaghetti & Meatballs 16 Garlic Rolls Veggies of the Day Fruit	Pizza 17 Salad Veggies of the day Fruit
Hot Pockets	Asst. Wraps	Chicken Sandwich	Nachos & Cheese	Pretzels
Chicken Tenders 20 Chicken Flavored Rice Veggies of the Day Fruit	Meatball Sub 21 Potato Salad Veggies of the Day Fruit	Potato Bar or 22 Chili with Beans Veggies of the Day Fruit	Cheese Steaks 23 Chips Veggies of the Day Fruit	Pizza Dippers & Mozz Stix 24 Salad Veggies of the Day Fruit
Pizza	Asst. Wraps	Quesadillas	Pretzels	Corn Dogs

Soup, Salad, or Cold & Hot Sandwich Options

1 Hot & 2 Cold Vegetables Available Daily

Bread & Butter Available Daily

Lunch Prices

Student-----\$2.75

Grab & Go---\$2.75

Milk-----\$.40

Grab & Go

Includes

½ Sandwich

Yogurt, Snack Cake

Fruit ,Juice & Milk