

The LCMR Music Department offers the following performance ensembles:

Orchestra - Mr. Magnusson

Symphonic Band - Mr. Drechen

Concert Choir - Mrs. Beane-Fox

Jazz Band - Mr. Drechen

Percussion Ensemble - Mr. Drechen

Congress Street Brass Band - Ms. LaCorte

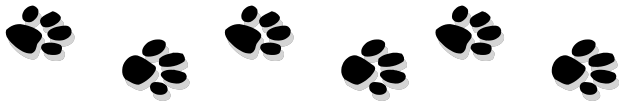
Pep Band - Mr. Drechen

Pit Orchestra - Mr. Drechen

Jazz Choir - Mrs. Beane-Fox

National Anthem Vocalists - Mrs. Beane-Fox

Guitar Ensemble: Mr. Drechen & Mr. Magnusson



**Class Advisors:**

**Senior: Mrs. Sundstrom**

**Junior: Ms. Siscione**

**Sophomore: Mr. Vitale/Mr. Slaney**

**Freshmen: Ms. Nicole Caruso**



## Sports Opportunities

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Football - Mr. Miller

Boy's Soccer - Mr. Elia

Girl's Soccer - Mr. Matthews

Field Hockey - Ms. Amy Hoch

Boy's Cross Country - Mr. Demers

Girl's Cross Country - Mr. Demers

Boy's Tennis - Mr. Greg Douglass

Girl's Tennis - Mrs. Gina Givens

Boy's Basketball - Mr. Scott Holden

Girl's Basketball - Mr. Scott Douglass

Boy's Track - Mr. Ciccozzi

Girl's Track - Mr. Pacevich

Golf - Mr. Wunder

Girl's Lacrosse - Ms. Wright

Boy's Lacrosse - Mr. Zelinik

Wrestling - Mr. Ciccozzi

Football Cheerleading - Ms. Merlino

Basketball Cheerleading - Mrs. Stinson

Baseball - Mr. Kuemmerle

Softball - Mr. Mulligan

Swimming - Ms. Catti

Winter Track - Mr. Demers

Ice Hockey - Mr. Ted Strickland

Intramural Sports - Mr. Douglass

## Extracurricular Activities

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**Lower Cape May  
Regional  
High School**

[www.lcmrschooldistrict.com](http://www.lcmrschooldistrict.com)

**Student Littoral Society - Mr. Grottola & Mr. Martin:** The Student Littoral Society is held all year round. They protect the marine environment and support environmentally friendly marine recreation and investigation.

**National Honor Society - Mrs. Rife:** Membership is open to qualifying juniors and seniors based upon scholarship, leadership, character, and service.

**Tri-M Music Honor Society - Mrs. Beane-Fox:** Membership is open to qualifying Music Department juniors and seniors based on scholarship, leadership, character, service, and musicianship.

**Yearbook - Mrs. Beane-Fox:** Meetings are held every Wednesday in room A1 from 2:30-3:15. Students utilize computer technology to design, submit, and present the high school annual yearbook, The Ebb Tides.

**Key Club - Mrs. Eakin:** The Key Club meetings are held on Wednesdays after school in room D9. This club provides support, either physically or financially, to worthy groups locally, nationally, or worldwide.

**Fall Play - TBA:** The Fall Play offers the chance to perform on stage for the entire school. Auditions are held the third week of September. Anyone who reads is guaranteed a part in the company. There are also opportunities for those who wish to be involved but do not want to act, such as set construction, lighting, gaffing, and running crews. Rehearsals are held September to December, Monday through Thursday.

**Spring Musical - TBA:** The Spring Musical offers the opportunity to perform some of the greatest shows around. Auditions are completed by singing, dancing, and reading. Those who audition are guaranteed a spot in the roster. Non acting opportunities include: set construction, lighting, technology design, gaffing, and stage management. Rehearsals are held January to March, Monday through Saturday.

**Renaissance - Mrs. Bispels:** Renaissance is a group that celebrates student and staff achievement in the building through various activities including: Breakfast Thursday, Academic Rallies, Spotlight Program & People's Choice Awards. Meetings are held at various locations (mini golf, bowling etc.)

**Mock Trial - Mr. Higgins:** Mock Trial offers the chance for students to experience life in a court room. Students present their respective sides to judges, who are the referees, to win their case. Meetings begin in the fall and can run through the end of February.

**Student Council - Ms. Markovitz:** Meetings are held every second Monday after school in Room B-5. Student Council organizes school dances, hold blood and food drives, among other community services. They also help organize class activities and have student members on the School Board.

**Newspaper - Mr. Best:** Meetings are held Mondays after school. It allows you to be "in the know" and have a hand in providing information to the school. You can write for the newspaper or even take the photographs needed to make each edition a success!

**Pegasus - Mrs. Rife:** Pegasus takes place from September to May. Use creative writing,

art and photography to publish a magazine highlighting students best work.

**Sailing Club - Mrs. Sayre & Mrs. Vendetta:** The Sailing Club meets every Tuesday and Thursday at the Corinthian Yacht Club in Cape May. The Sailing club meets during the Fall and sign ups are held the previous Spring.

**FBLA - Mrs. Bispels & Mrs. Parker:** If you are enrolled in a business class and are interested in developing leadership, communication, and team skills, or simply looking for an organization to meet and network with others at the local, state and national levels, then FBLA-PBL is the organization for you!

**French Club -Mr. McKenna:** Fun, as well as informative, club members explore the very best of French culture through various activities. Membership is open to all students regardless of familiar with the French language. Students of Spanish also welcome. Meetings are held every other Wednesday in Room C3.

**French Honor Society - Mrs. Randle:** Membership is open to students who maintain an excellent grade in at least two years of French language courses. Students must show leadership, commitment to French and community service.

**GSA (Gay, Straight Alliance) - Ms. Wadding:** Meetings are held on the first and third Thursday of each month. The Alliances tries to foster a more tolerant environment for all students. We provide a safe haven for our students who are lesbian, gay, bisexual, questioning and also welcome straight allies.